

## **Navigating the Stronger Together Toolkit**

This document shares more information about the three parts of ‘Stronger Together – a Co-production Toolkit from Ageing Better’ so that you know what to expect and can enjoy the best experience possible whilst using it. The three elements are:

- 1) Learning guides
- 2) 72 page introductory document
- 3) Resource library

### **Learning guides**

The 9 learning guides have been created to help you get the most out of the toolkit and navigate around some of the key toolkit themes. They provide a snapshot of what you will find within the toolkit itself, bring the themes to life, and signpost to a range of inspirational and useful resources within the resource library.

The learning guides are particularly helpful when sharing the toolkit with others to support an understanding of the key principles and help to embed good practice. The first one is a user guide and explains what the toolkit is and how to use it to the best advantage. Others provide an overview of the definitions, values, and more practical aspects of co-production.

### **Introductory PDF document**

This beautifully designed document is one of the two main parts of the toolkit and is the perfect place to learn more about co-production, Ageing Better’s work, and the toolkit itself. You can browse the document to understand what co-production is, the values and principles of true co-production, who benefits from working in this way and why, who Ageing Better are, and who this toolkit has been designed for – you, our audience.

We also introduce the 12 co-production themes in this document, which are all co-produced themselves and feature learning from one or more of our 14 Ageing Better programme areas.

The 12 themes are included within pages 35 to page 60 of the 72 page introductory PDF document, and each theme has an information page and a link to take you directly to that theme’s corresponding resources.

Towards the end of the document you will find a glossary of terms, a credits page, and a contact page – this tells you how you can get in touch with us if you have any questions.

### **Resources**

As mentioned above, each of the 12 co-production themes has a corresponding library of resources with real life examples to explore. We have categorized the resources within each theme like so:

- 1) Tools - practical insights that you can use within your own co-production activity

- 2) Resources - the learning we have pulled together to share our experiences
- 3) Stories - bringing people's involvement to life

The themes you will find within our toolkit are:

|                 |   |
|-----------------|---|
| <b>Theme 01</b> | <b>Creating a Co-production Culture</b>                     |
| <b>Theme 02</b> | <b>Community Development through Micro-funding</b>          |
| <b>Theme 03</b> | <b>Tackling Ageism through Co-production</b>                |
| Theme 3a        | Age Proud Leeds   |
| Theme 3b        | Age Friendly Business                                       |
| Theme 3c        | Age Friendly Communities                                    |
| <b>Theme 04</b> | <b>Co-production within Coastal &amp; Rural Communities</b> |
| <b>Theme 05</b> | <b>The Impact of Co-commissioning</b>                       |
| <b>Theme 06</b> | <b>Empowering Communities through Partnership Working</b>   |
| Theme 6a        | Social Prescribing  |
| <b>Theme 07</b> | <b>Co-researching within the Community</b>                  |
| <b>Theme 08</b> | <b>Growing Sustainable Groups</b>                           |
| <b>Theme 09</b> | <b>Diversity and Inclusion</b>                              |
| <b>Theme 10</b> | <b>Creativity in Co-production</b>                          |
| <b>Theme 11</b> | <b>Asset Based Community Development (ABCD)</b>             |
| <b>Theme 12</b> | <b>Co-production in a Crisis</b>                            |

Now we've explained more about the parts of the toolkit we hope you have a brilliant experience looking through it, and that you are inspired to try some of the things you read about in your own work.